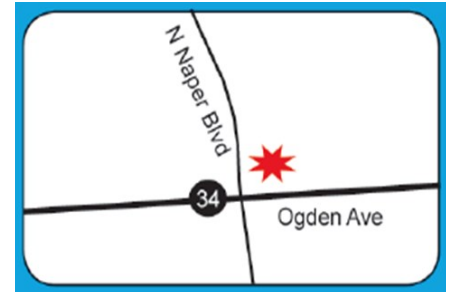




- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day Newsletter | March 2025 | Another Year | Blink of an Eye

“And The Winner Is...” | Come Join The Fun!!



NSC Oscar Event
March 6 & 7

Call 630.857.3017 to schedule a FREE TRIAL.

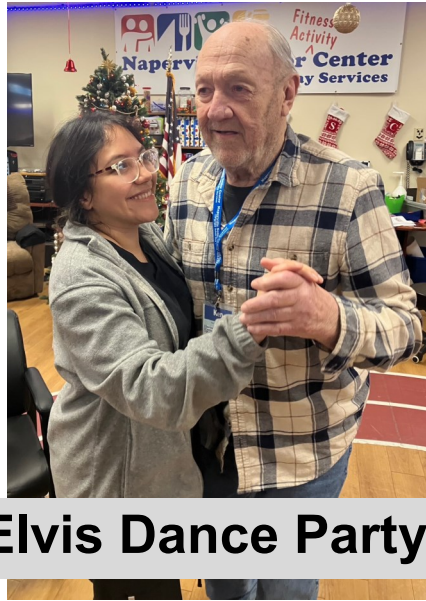
From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE.

Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!



(630) 857-3017... Schedule a FREE Trial

Top of the Second: Come Join The Fun!



Elvis Dance Party!

Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.

March Special Events

March 6 & 7: NSC Oscar Event

March 12 & 25: Duke @ 2pm

March 27: Baseball Opening Day



Pam & Mike Cooper >> Your Hosts!

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ How Naperville Senior Center Adult Day Care Can Help... Our Members:

- ◆ Skilled Nursing Care, Julie & Lee Ann
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Directory, Jenn, Dementia Certified
 - ◆ Member Centered Activities
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*



Baking w/Jenn!!

2025

MARCH



Monday

Tuesday

Wednesday

Thursday

Friday

Welcome to March

Monthly Gazette
March B-day
March Trivia
Water Color

3



MARDI GRAS

Mask Making
Finish the Line
Word Puzzle
Move & Groove MG Game

4



Hit The Target Day

Nerf Gun Certification
Shooting Practice
Twister Trivia
Axe Throwing

5



Oscars Day 1

...and the 2025 OSCAR goes to...

6

Oscars Day 2

7

NSC Oscar Week

Special Events

NSC Oscar Awards Day 1
March 6, Thursday
NSC Oscar Awards Day 2
March 7, Friday
Spring Ahead 2025
March 9, Sunday

Clover All Over Day

Sing-A-Long | Jokes
Scavenger Hunt
Shamrock Craft
Sorting Game

10



Tools Day

Shopping List Game
Name That Tool
Unusual Tools

11



Girl Scout Day

Famous Girl Scouts
Baking w/Jenn
Crossword Puzzle
Sing-A-Long | Duke @2pm

12



Trivia Thursday

Finish The Line
Twister Trivia
Music BINGO
Dick @2

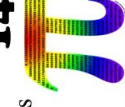
13



Pi Day | Pi Day

“Sum” Punny Jokes
Baking w/Jenn
Riddles
BINGO

14



ST PATRICK'S DAY

Lucky Charm
Riddles/Truth or Blarney
Dominoes
Craft

17



March Madness

Basketball Trivia
Basketball
Tourney
Pokeno

18



Workout Wednesday

Balloon Volleyball
Chai Dancing
AM BINGO

19



1st Day Of Spring!

Collage Detective
Flower BINGO
Spring Craft
Dick @2

20



Day Of Forests

Pines Categories
Leaf Suncatchers
Where Am I?
BINGO

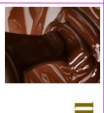
21



Chocolate Covered Day...

Twister Trivia
Sing-A-Long
Balloon Volleyball

24



Waffle Day

Waffle Sundaes
What Am I?
Begins w/ 'W'
Pokeno | Duke @2

26



Purple Day

Stickman Game
Colorful Puzzle
Finish The Line
Purple List | Wear Purple

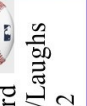
26



Opening Day MLB

Baseball Trivia
Baseball Crossword
Bases Loaded W/Laugh
Batter Up | Dick @2

28



Carrier & Ives Day

Famous Duos Trivia
Matching Game
BINGO

28



Jeopardy Day

Balloon Volleyball
Jeopardy Trivia
Sing-A-Long

31



Hello April Week



Available Activities include:

- Physical Therapy Stations,
- Daily Journal, Jokes, & Riddles,
- Bago, BINGO, Bunco, Baking,
- Hair Care, Shower Service,
- Hot Meal, Nu-Step, Field Trips,
- Oscar Awards, Olympic Events,
- Puzzles, Coloring, Ping Pong,
- Painting, Computer, Chair Yoga,
- Multigenerational Celebrations,
- Gardening, Karaoke, Wii Fit,
- Outdoor Patio, Lap Walking,
- Nerf Gun Certification, Crafts,
- Basketball Arcade, Baseball,
- Harmonizing, Improvising,
- Socializing, and Exercising.

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563
NapervilleSeniorCenter.com | info@napervilleseniorcenter.com | 630.857.3017