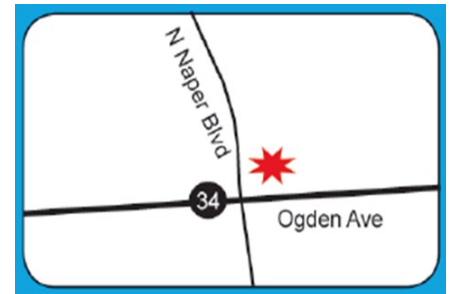


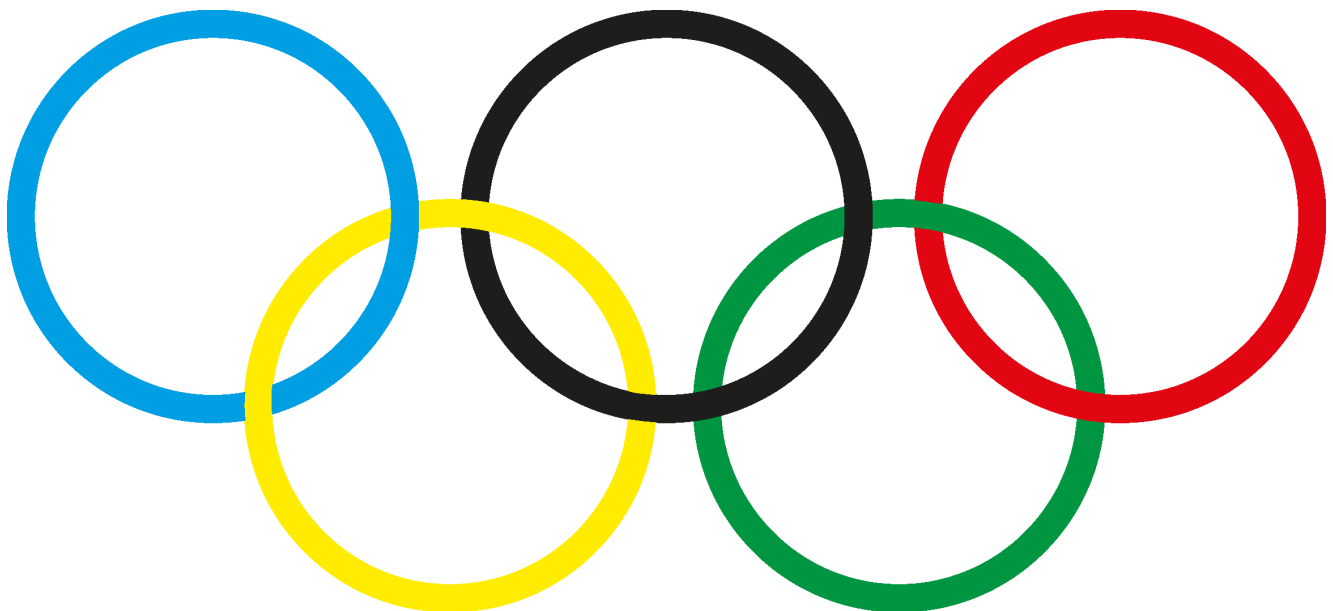


- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



2024 Naperville Senior Center Summer Olympics



2024 NSC Summer Olympics

**From Team Challenges
To Wheelchair Races,
Get Ready For Some
Nail-Biting Drama and
Tough Competition!
See Page 2 for info...**

Call 630.857.3017 to schedule a FREE TRIAL. From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE.

Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!

(630) 857-3017... Schedule a FREE Trial

Top of the Second: NSC Summer Olympics

Possible Olympic Events:

NuStep Bike Race
Volleyball Competition
Basketball Tournament
Paper Plane Races
Baseball Round Robin
Javelin/Discus Toss
Tug-o-War | Walking Track
Table Top Games
Mini Golf Tourney | Bago
Wheelchair Races



July Special Events

July 4: Center Not Open

July 10 & 24: Duke @2pm

July 23: Ice Cream Day

July 26: Olympic Games Begin

Naperville Senior Center Adult Day Services, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

Our fun, member-centered activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

Full-Day or Half-Day Programs available to fit your family's busy schedule.



Pam & Mike Cooper
Your Hosts

Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

5.0 ★★★★★ Google Review by Sandra B, February 17, 2024:

“My 86 year old mother has been attending this facility for over a year now, and not once have we ever had a negative experience. The owners, nurses and staff are some of the nicest and friendliest people I've ever met, and they have been extremely patient with my mom, who can be a little bossy and rude at times. They are well-trained in re-directing any negativity from the elderly, so that the atmosphere remains positive for others. The Monthly Calendar they provide is filled with so many exciting activities that keep the minds of the elderly very busy and engaged, which is so beneficial. My mom loves the lunches there, which is surprising, because she can be quite the complainer regarding food sometimes.... I don't usually write reviews, but this place is very exceptional at what they do, so I wanted to share our experience in case someone is wondering whether to consider this place for their loved one.”

How Naperville Senior Center Adult Day Can Help...

Our Members:

- ◆ Skilled Nursing Care, Julie & Lee Ann
 - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
 - ◆ Maintain or Improve Functionality
- ◆ Activity Directory, Jenn, Dementia Certified
 - ◆ Member Centered Activities
 - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*

2
0
2
4

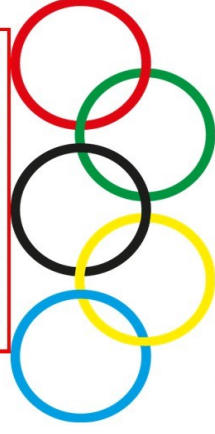
JULY



Naperville Senior Center
Adult Day Services

Fitness & Activity

NSC 2024 Games



Activity Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Welcome July Morning Gazette July IQ Famous July Birthdays Jokes</p>	<p>2 Wendy's Day 1950's Slogans Fast Food Logos Puzzle</p>	<p>3 Early Celebration Fire Work Craft Patriotic Riddles/Stumpers State Game Puzzles Over or Under???</p>	<p>4 Happy 4th of July Center is Not Open</p>	<p>5 Fun In The Sun Summer Sing-a-long Suncatcher Craft Sunny Tunes Word games</p>
<p>8 Laundry Day Clothespin Craft Laundry Word Match Laundry Races "Borrowed Laundry" Skit</p>	<p>9 Cow Appreciation Day Cow Parade Painting Crossword Puzzle Milk A Cow?</p>	<p>10 Teddy Bear Picnic Day Shared Treasures Word Puzzles Teddy Bear Craft Volleyball Duke @2</p>	<p>11 Scottish Open Summertime Mini Golf Pass It On Game 7-11 Field Trip Golf Ball Treats Dick @2</p>	<p>12 Family Feud Day Family Feud Game NSC Survey Afternoon Bingo</p>
<p>15 Christmas In July Snowball Fight Candy Cane Craft "Twas The Night Before" Christmas Carols</p>	<p>16 Hula Hoop Day Hula Hoop Games Hula Hoop Chain w/Staff Water Color Bring A Family Picture</p>	<p>17 Friendship Day Famous Friends Finish Community Quilt Friendship Sing-a-long Horse Races</p>	<p>18 Zoo Keeper Day Zoo Puzzles SPOT The Difference Animal Tracks Game Animal Trivia Dick @2</p>	<p>19 Purple Pink Day How Many Shades Purple Pink Song Think Pink Game BINGO</p>
<p>22 PI Day Mad About Math Game Math Puzzles Snake Eyes</p>	<p>23 Ice Cream Day Ice Cream Cone Craft Pokeno Volleyball</p>	<p>24 Women in Baseball Let's Play Ball Morning Yoga Baseball Craft Duke @2</p>	<p>25 Cowboy Day Rodeo Bingo Word Scramble Cowboy Games & Quiz Dick @2</p>	<p>26 "Olympic Games" Summer Olympics Crossword Table Top Olympics Olympic Games Quiz</p>
<p>29 Olympic Games Day 2 AM: Proverbs PM: Bike Races</p>	<p>30 Olympic Games Day 3 AM: Twister Trivia PM: Volleyball Competition</p>	<p>31 Olympic Games Day 4 AM: Tug Of War PM: Wheel Chair Races</p>		

Ongoing Activities & Special Events



July 4th Center Is Not Open

Duke & Mo

July 10: Tuesday
June 24: Tuesday
2 PM

Available Activities include:
Physical Therapy Stations,
Daily Journal, Jokes, & Riddles,
Bago, BINGO, Bunco, Baking,
Hair Care, Shower Service,
Hot Meal, Nu-Step, Field Trips,
Oscar Awards, Olympic Events,
Puzzles, Coloring, Ping Pong,
Painting, Computer, Chair Yoga,
Multigenerational Celebrations,
Gardening, Karaoke, Wii Fit,
Outdoor Patio, Lap Walking,
Nerf Gun Certification, Crafts,
Basketball Arcade, Baseball,
Harmonizing, Improvising,
Socializing, and Exercising.

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563
NapervilleSeniorCenter.com | info@napervilleseniorcenter.com | 630.857.3017