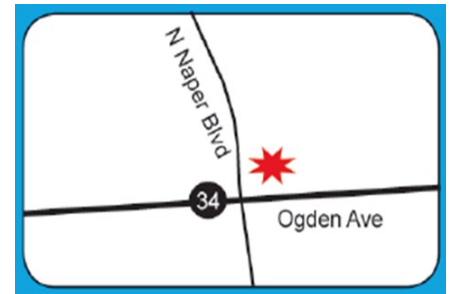




- Fun Activities & Exercises (supervised by Therapist)
- Indoor Walking Track
- Caregiver Support
- Nutritious Meals & Snacks
- Affordable Daily Care
- Serving 19 Communities
- 630.857.3017

Family Owned | Located at the Corner of Ogden Ave and Naper Blvd



Naperville Senior Center Adult Day Newsletter | June 1, 2024 | Another Year | Blink of an Eye

## Naperville Senior Center Partners with Five Universities to enhance our Members' Experience...



Top Photo  
Masters of Occupational Therapy students from Governor's State University.

Bottom Photo  
Speech, Language & Pathology students from Lewis University

Call **630.857.3017** to schedule a **FREE TRIAL**. From 11 am to 2 pm, a Future Member and their Caregiver can attend for FREE.

Check out our wonderful Community, Member Centered Activities, and meet our Professional Health Care Team. Enjoy a Nutritious Lunch and maybe even meet our Pet Therapy Partner, Duke!

**(630) 857-3017... Schedule a FREE Trial**

# Top of the Second: Happy Father's Day

Happy Father's Day to all Fathers, Fathers to be, and Fathers in Heaven!



## June Special Events

June 5 & 18: Duke @2pm

June 14: Flag Day

June 16: Father's Day

June 20: First Day of Summer

**Naperville Senior Center Adult Day Services**, a family owned business opened in 2015, provides dozens of activities and exercises for our Members as well as peace of mind and coaching for caregivers.

**Our fun, member-centered** activities create an engaging **community**. We provide our members dignity, purposefulness, and inclusion. Our members look forward to socialization, exercise, movement, and meals that accommodate most dietary needs.

Caregivers reduce their stress and anxiety about their loved one and find calmness with the support of our caring staff of medical professionals. NSC genuinely wants to help families keep loved ones aging in place. Our members feel happier after spending the day with us, which makes it easier to share more treasured moments together at home with loved ones.

**Full-Day or Half-Day Programs** available to fit your family's busy schedule.



**Pam & Mike Cooper**  
Your Hosts

## Naperville Senior Center Adult Day Care is grateful to be part of your Caregiving Team.

### 5.0 ★★★★★ Google Review by Sandra B, February 17, 2024:

“My 86 year old mother has been attending this facility for over a year now, and not once have we ever had a negative experience. The owners, nurses and staff are some of the nicest and friendliest people I've ever met, and they have been extremely patient with my mom, who can be a little bossy and rude at times. They are well-trained in re-directing any negativity from the elderly, so that the atmosphere remains positive for others. The Monthly Calendar they provide is filled with so many exciting activities that keep the minds of the elderly very busy and engaged, which is so beneficial. My mom loves the lunches there, which is surprising, because she can be quite the complainer regarding food sometimes.... I don't usually write reviews, but this place is very exceptional at what they do, so I wanted to share our experience in case someone is wondering whether to consider this place for their loved one.”

### How Naperville Senior Center Adult Day Can Help...

#### Our Members:

- ◆ Skilled Nursing Care, Julie & Lee Ann
  - ◆ Daily Vitals Screening
- ◆ Physical Therapist, Pam
  - ◆ Maintain or Improve Functionality
- ◆ Activity Directory, Jenn, Dementia Certified
  - ◆ Member Centered Activities
  - ◆ Purposeful Activities | BINGO | Socialize | Exercise | More...
- ◆ Nursing, Speech, & Occupation Therapy Students' Clinical Rotations
- ◆ Aging in Place (Stay Home As Long As Possible)

#### Our Family Caregivers:

- ◆ Caregiver Support
- ◆ Caregiver Advisor: Overwhelmed? Under Appreciated? Burnout?
- ◆ Six Stages of Caregiving (Interactive Workshop)
- ◆ Education and Senior Service Provider Resources
- ◆ *Long Term Care Insurance Accepted*

# 2024 JUNE

Summertime...  
when the livin' is easy

CANDY MONTH Activity Schedule



**Naperville Senior Center**  
Adult Day Services

Fitness &  
Activity

Monday

Tuesday

Wednesday

Thursday

Friday

**Welcome JUNE**  
Famous June Birthdays  
June IQ Test  
Thank God It's Monday  
Singing w/Mary @2

**3 Balloon Flight Day**  
Trailblazing Female  
Flyers | Balloon games  
Hot Air Balloon Craft

**4 Global Running Day**  
Track & Field Games  
Trivia  
Puzzles  
2:00 Duke

**5 Stop & Smell The Roses | Dick @2**  
Rose Water Coloring  
Lavender Rose Sachets  
Craft | Secret Rose Quote

**6 Donut Day**  
Photo Match  
Word Games  
Water Color  
Taste Test/Competition

**Candy Man Day**  
Candy Greeting Craft  
Candy Slogans  
Sing Along

**10 Vince Lombardi Day**  
Secret Sport Quote  
Mining Puzzle  
"Who Am I?"

**11 Red Rose Day**  
Language of Roses  
Songs About Roses  
Rose Craft

**12 Axe Throwing Day**  
Axe Throwing Champions  
Wear Flannel  
Lumberjack Party  
Prayers w/Dick @2

**13 Flag Day**  
Community Project  
Patriotic singalong  
Flag Day Trivia &  
Puzzles & Quote

**Earhart Flies Across the Atlantic**  
Women Stickman  
Airplane Races  
Word Match  
Airplane Craft

**17 Picnic Day**  
Fruit Kabobs  
Picnic Crossword  
Balloon Volleyball  
Food Truck Quiz  
DUKE @2

**18 Hershey's Holiday**  
Special Dessert  
Hershey Kiss Roses  
M&M Game

**19 Spring Into Summer**  
Summer SingALong  
Word Match  
Do You Hear What I Hear?  
Button Collage  
Prayers w/Dick @2

**20 World Music Day**  
Morning sing along  
Name That Tune  
Music Trivia  
Afternoon Bingo

**Rainforest Day**  
Crossword  
Trivia  
Craft

**24 Summer Camp Day**  
"Hello Mother, Hello Father"  
Smores | Crossword  
Take a Trip Puzzle  
Friendship Bracelet

**25 A Towering Day**  
Jenga  
Measuring Up Game  
Standing Tall  
Stickman Game

**26 Decide To Be Married**  
Famous Couples  
Wedding Bells Crossword  
Bring Wedding Picture  
Prayers w/Dick @2

**27 Paul Bunyan Day**  
Retell His Tall Tale  
Axe Throwing  
Afternoon Bingo  
What Am I?



**Ongoing Activities  
& Special Events**

June 13  
Lumberjack Day  
Wear Flannel

June 16  
Father's Day

June 27  
Bring Wedding Picture

**Duke & Mo**

June 5: Wednesday  
June 18: Tuesday  
2 PM

**Available Activities include:**

Physical Therapy Stations,  
Daily Journal, Jokes, & Riddles,  
Bago, BINGO, Bunco, Baking,  
Hair Care, Shower Service,  
Hot Meal, Nu-Step, Field Trips,  
Oscar Awards, Olympic Events,  
Puzzles, Coloring, Ping Pong,  
Painting, Computer, Chair Yoga,  
Multigenerational Celebrations,  
Gardening, Karaoke, Wii Fit,  
Outdoor Patio, Lap Walking,  
Nerf Gun Certification, Crafts,  
Basketball Arcade, Baseball,  
Harmonizing, Improvising,  
Socializing, and Exercising.

Naperville Senior Center Adult Day Services | 1504 N Naper Blvd. Suite 120 | Naperville, IL 60563  
NapervilleSeniorCenter.com | info@napervilleseniorcenter.com | 630.857.3017